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List of Abbreviations

JJ= Jevan Jal

KSA= Knowledge, Skill & Attitude

FCHVs= Female Community Health Volunteers

MCHWs= Maternal& Child Health Workers

VHWs= Village Health Workers

ORS= Oral Rehydration Solution

VDC= Village Development Committee

CDD= Control of Diarrhoeal Diseases

MOH= Ministry of Health

DOHs= Department of Health Services

PCL= Proficiency Certificate Level

Mothers' Knowledge, Skill and Attitude on Diarrhoea in Children at Mana Maiju VDC, Balaju, Kathmandu district, Nepal

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Abstract

Purpose: To determine the knowledge, skill and attitude of the mothers regarding diarrhoea and its management in the mothers group in Mana Maiju VDC of Kathmandu, Nepal, 2002 about oral rehydration solution (ORS) during diarrhoea. **Method:** The mothers were interviewed using various questions on the basis of structured/semi-structured questionnaires to determine their awareness and practice about diarrhoeal diseases. **Sampling:** A total of 50 mothers having under five children were interviewed. **Results:** Among 50 mothers, most of them (42%) were able to identify the diarrhoea in a correct way that is loose watery stool 3 or more than three times in a day. Responding the causes of diarrhoea, all mothers (100%) said that usual cause of diarrhoea could be giving of contaminated and steal foods to children. On the recognition of dehydration, out of 50 mothers (80%) identified the dehydration on children through sunken eyes. 82% of mothers knew about the diarrhoea through the source of others (nursing students, newspapers and school). On the way of providing types of fluids served during diarrhoea, 84% of mothers were mentioned about Jeevan jal .98% of mothers served Jaulo to their children. Regarding seeking medical help by the mothers, 88% said that they would decide to take their children at the favourable health institutions if children are not getting better within the following treatment. While looking knowledge of mothers in the prevention of diarrhoea, (92%) mothers mentioned about eating clean /safe food. Almost all mothers said they know how to make Jeevan Jal but when asked about the technique of making Jeevan Jal, only (20%) mothers answered the correct technique (Six tea glasses of clean water, one packet of Jeevan Jal and stir it properly). Concerning about importance, points to be remember after making Jeevan Jal ,96% of mothers said it should be used within 24 hours. **Conclusions:** Overall KSA on management of diarrhoea in children showed good.

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